



ELEMENTS

Winter Menu

STARTERS

SOUP / \$9

Daily soup comes with fresh baguette.
(Available in G.F. option)

KALE CAESAR / \$15

Fresh kale with our signature cashew Caesar dressing, parmesan chips, focaccia crisp, bacon lardon.
(Available in G.F. option)

WINTER SALAD / \$15

House mixed greens, roasted butternut squash, root chips, spiced pumpkin seeds, burnt orange & cinnamon vinaigrette. (G.F. | D.F.)

PLATES TO SHARE

STEAK BITES / \$17

Blackened Cajun fried beef, chimichurri mayo, spinach, celery.

BAKED CAMEMBERT / \$18

Phyllo thyme wrapped, ginger poppy seed crackers, grilled bread, pear reduction.

CAESAR WINGS / \$17

Whole wings, Mott's clamato, Lea & Perrin, horseradish, vodka, fried celery leaf, pickled bean. (G.F.)

CORN FRITTERS / \$16

Crunchy spiced corn, chipotle lime mayonnaise, crumbled feta, fresh cilantro. (G.F.)

MUSHROOM BREAD PUDDING/ \$14

Wild and cultivated mixed mushrooms, red wine demi-glace, gorgonzola, pea shoot.

LARGE PLATES

FISH & CHIPS/ 1PC \$18 | 2PC \$22

Haddock tails, red ale beer batter, malt glaze, caper mayo, lemon wedge, coleslaw.

BURGER / \$20

Grilled beef, house greens, tomato, red onion, pickle, smoked cheddar, bacon, roasted garlic mayo. Choice of fries, soup or salad. (Available in G.F. option)

RATATOUILLE ROULADE/ \$19

Eggplant rolled, zucchini, fennel, basil, oregano, quinoa, roasted garlic olive oil, finished with house made tomato sauce. (G.F. | D.F. | V)

NEW YORK STRIPLOIN / \$36

Grilled 10oz beef striploin, bacon demi-glace, gorgonzola mashed potato, roasted grilled baby broccoli. (G.F.)

SEARED SALMON / \$29

Skin on seared salmon, jalapeno mint cornbread & spinach salad.

CHICKEN SUPREME / \$24

Pan roasted, shallot glaze, herbed roasted carrot, with barley in lemon beurre blanc.

SALMON LINGUINI / \$21

Salmon, garlic, red onion, vodka dill rose sauce topped with fried capers.

TAKE AWAY & RESERVATION

CALL US 250-341-4002
ELEMENTS@COPPERPOINTRESORT.COM



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THE LITTLE ONES

All kids plates come with a complimentary ice cream goblet (Vanilla or Chocolate)

Chicken Fingers & Fries / \$12

Cheeseburger & Fries / \$12

Fish & Chips / \$12

Spaghetti & tomato sauce with cheese / \$12

SWEET TOOTH

PEANUT BUTTER CUPS / \$10

Peanut butter mousse, coated in semi sweet chocolate, strawberry sauce. (G.F.)

VANILLA POUND CAKE / \$10

Orange bay leaf reduction, chocolate commit tail & whipped cream.

RICE PUDDING / \$10

Coconut milk, cinnamon, nutmeg, brown sugar, toasted coconut & candied pecan. (G.F., D.F.)



ELEMENTS

THANK YOU
FROM CHEF SHAYNE &
OUR CULINARY TEAM

Friday to Tuesday
4pm -5pm (Drink Only)
5pm- 9pm (Dining Service)
9pm-10pm (Take-out Sunday- Tuesday)

G.F. | GLUTEN FREE
D.F. | DAIRY FREE
V | VEGAN

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