



# ELEMENTS

## Winter Menu

### STARTERS

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#### SOUP / \$9

Daily soup comes with fresh baguette.  
(Available in G.F. option)

#### KALE CAESAR / \$12

Fresh kale with our signature cashew Caesar dressing, parmesan chips, focaccia crisp, bacon lardon.  
Add Protein | Chicken Breast or Seared Salmon / \$9. (Available in G.F. option)

#### WINTER SALAD / \$12

House mixed greens, roasted butternut squash, root chips, spiced pumpkin seeds, burnt orange & cinnamon vinaigrette.  
Add Protein | Chicken Breast or Seared Salmon / \$9. (G.F. | D.F.)

### PLATES TO SHARE

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#### STEAK BITES / \$17

Blackened Cajun fried beef, chimichurri mayo, spinach, celery.

#### BAKED CAMEMBERT / \$18

Phyllo thyme wrapped, ginger poppy seed crackers, grilled bread, pear reduction.

#### CAESAR WINGS / \$17

Whole wings, Mott's clamato, Lea & Perrin, horseradish, vodka, fried celery leaf, pickled bean. (G.F.)

#### CORN FRITTERS / \$16

Crunchy spiced corn, chipotle lime mayonnaise, crumbled feta, fresh cilantro. (G.F.)

### LARGE PLATES

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#### FISH & CHIPS/ 1PC \$18 | 2PC \$22

Haddock tails, red ale beer batter, malt glaze, caper mayo, lemon wedge, coleslaw.

#### BURGER / \$20

Grilled beef, house greens, tomato, red onion, pickle, smoked cheddar, bacon, roasted garlic mayo. Choice of fries, soup or salad. (Available in G.F. option)

#### RATATOUILLE ROULADE/ \$19

Eggplant rolled, zucchini, fennel, basil, oregano, quinoa, roasted garlic olive oil, finished with house made tomato sauce. (G.F. | D.F. | V)

#### NEW YORK STRIPLOIN / \$36

Grilled 10oz beef striploin, bacon demi-glaze, gorgonzola mashed potato, roasted grilled baby broccoli. (G.F.)

#### SEARED SALMON / \$29

Skin on seared salmon, jalapeno mint cornbread & spinach salad.

#### CHICKEN SUPREME / \$24

Pan roasted, shallot glaze, herbed roasted carrot, with barley in lemon beurre blanc.

#### SALMON LINGUINI / \$21

Salmon, garlic, red onion, vodka dill rose sauce topped with fried capers.

### TAKE AWAY & RESERVATION

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CALL US 250-341-4002  
ELEMENTS@COPPERPOINTRESORT.COM



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### THE LITTLE ONES

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All kids plates come with a complimentary ice cream goblet (Vanilla or Chocolate)

Chicken Fingers & Fries / \$12

Cheeseburger & Fries / \$12

Fish & Chips / \$12

Spaghetti & tomato sauce with cheese / \$12

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### SWEET TOOTH

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#### PEANUT BUTTER CUPS / \$10

Peanut butter mousse, coated in semi sweet chocolate, strawberry sauce. (G.F.)

#### VANILLA POUND CAKE / \$10

Orange bay leaf reduction, chocolate commit tail & whipped cream.

#### RICE PUDDING / \$10

Coconut milk, cinnamon, nutmeg, brown sugar, toasted coconut & candied pecan. (G.F.,| D.F.)

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# ELEMENTS

THANK YOU  
FROM CHEF SHAYNE &  
OUR CULINARY TEAM

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**Thursday to Monday**

5pm- 9pm Dining Service

**Breakfast Service**

8am-10am

G.F. | GLUTEN FREE  
D.F. | DAIRY FREE  
V | VEGAN

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