ELEMENTS

Please let your server know of any dietary restrictions.

Salads

Option to add a protein - salmon or prawns add \$12 | chicken add \$10

Mushroom & Spinach Salad | \$15 Roasted Mushrooms, Spinach, with Walnut & Bacon Dressing.

Kale & Nori Salad | \$12 Chopped Kale, Dried Cranberry, Nori Strips with Slaw Dressing. GF

Caesar Salad | \$15 Romaine Lettuce, Bacon Bits, Parmesan Cheese, Caesar Dressing, Croutons.

Appetizers & Sharing Plates

Wings | \$19 Split Chicken Wings, Choice of Elements Signature Hot Sauce, Smoked BBQ Sauce, or Mexican Spice.

Messy Sweet Potato Fries | \$18 Pulled Short Ribs, Sweet Potato Fries, Chipotle Mayo, Parmesan Cheese, Banana Pepper Rings, Crispy Onions.

> **Baked Brie | \$22** Brie Cheese, Apple Reduction, Arugula, Crostini, Roasted Walnuts.

Trio Bruschetta | \$12 Mushroom Duxelles, Roasted Pepper Jam, Tomato Salsa.

Vegetarian Flatbread | \$15 Beetroot Hummus, Avocado, Arugula, Cherry Tomatoes, House Vinaigrette, with Cilantro & Lime Crema.

> **Chicken & Mushroom Flatbread | \$18** Sautéed Chicken and Mushrooms, Garlic Aioli Spread, Pea Shoots & Red Onions.

Burgers & Sandwiches

All burgers and sandwiches come with fries or house salad. Upgrade to a specialty salad for \$3.

Classic Cheese Burger | \$20

6 oz In House Beef Patty served on an Invermere Bakery Bun Topped with Tomato, Onion, Lettuce, Smoked Cheddar Cheese. Includes Mustard, Mayo & Ketchup.

Sliced Prime Rib Melt | \$27

Thin Sliced Prime Rib served on two pieces of Sourdough Bread topped with Smoked Cheddar, BBQ Sauce, Braised Onions, Coleslaw, Garlic Aioli.

Crispy Chicken Burger | \$20

In-House Coated Chicken served on an Invermere Bakery Bun topped with Coleslaw, Pickles, Saffron Aioli.

Chickpea Quinoa & Beet Burger | \$18

House Prepared Patty served on an Invermere Bakery Bun topped with Lettuce, Tomato, Onions, Garlic Aioli.

Steak Sandwich | \$26

6 oz Charbroiled NY Steak served on Sourdough Panini Bread topped with Horseradish Aioli, Arugula, Tomatoes, Elements Glaze, Crispy Onions.

> All Prices Do Not Include Applicable Taxes Groups of 8 or More Are Subject to an 18% Auto-Gratuity Charge

ELEMENTS

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All pasta comes with side of baguettes. Option to add a protein – salmon or prawns add \$12 | chicken add \$10

Roasted Mushroom Ravioli | \$24 Roasted Mushroom Ravioli, Tomato Cream Sauce, Basil Oil.

Creamy Fettuccine Pasta | \$14 Sundried Tomato & Spinach with Tarragon Cream Sauce.

Roasted Vegetable Pasta | \$14 Seasonal Roasted Vegetables, Fusilli with Pesto Sauce.

Main Courses

All entrees come with seasonal vegetables and choice of buttermilk mashed potatoes or roasted baby potatoes.

10 oz AAA Striploin Steak | \$45 Peppercorn Cream Sauce.

Half Roasted Brazilian Chicken | \$35 Cherry Jus, Roasted Seasonal Vegetables. **GF**

Pan Seared Blackened Salmon | \$39 Spinach & Ricotta Cream Sauce, Roasted Seasonal Vegetables.

Slow Braised Bison Short Ribs | \$48 Korean Sweet Chili Sauce, Roasted Seasonal Vegetables Crispy Onions. **GF**

> **2pcs 4 oz Beer Battered Cod | \$23** Coleslaw, Cilantro & Lime Crema.

Desserts

Triple Chocolate Mousse | \$14

Key Lime Cheesecake | \$15

Gelato Single \$5 | Double \$9 | Triple \$13 Salted Caramel Gelato, Vanilla Gelato, Dark Chocolate Gelato



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Kid's menu comes with fries and choice of juice or soda.

Fish & Chips | \$12 1 piece.

Chicken Tenders & Fries | \$14 3 Pieces

Grilled Cheese | \$10

Kid's Burger | \$14

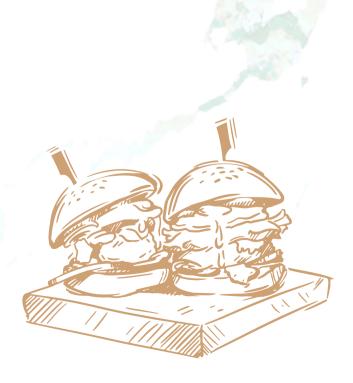
Drinks

Pop | \$2 Pepsi, 7Up, Ginger Ale, Root Beer, Ice Tea

Juice | \$2 Apple Juice, Orange Juice, Pineapple Juice

Milk, Chocolate Milk | \$2

Kid's Cocktail | \$4 Shirley Temple – Ginger Ale, Lemon Lime Soda, Grenadine. Arnold Palmer – Ice Tea, Lemonade. Roy Rogers – Cola, Grenadine Syrup, Maraschino Cherries.



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